



Dartmouth Volleyball Club

Team. Family. Community.
Together.

If at anytime there is a Covid-19 concern, notify Kim Pitre: coachpitre@gmail.com

Before coming to the facility: All players and coaching staff and managers must fill out a screening form found on the TEAMLINKT app prior to practices/games. Visiting teams will provide a list of players and coaches with contact information prior to attending the scrimmage.

Entering the facility: Each player, coaches, team manager **MUST** wear a mask, hand sanitizer and sanitize their volleyball(s).

During practice/games: Hand sanitize during water breaks, and sanitize volleyballs at during practices/games.

After practice/games: Mask must be worn by all when leaving the gym along with hand sanitizing.

Guideline for coaches:

- No more than 60 participants in the gym at one time.
- All participants/ coaching staff must enter facility with masks. Coaching staff are to wear a mask at all times unless heavily involved in a drill/play. Players may remove masks once in the gym and ready for warm up.
- Players are asked to come dressed ready to play. NO access to changing rooms.
- Only essential team personnel may enter facilities. NO spectators allowed.
- ensure visiting teams are aware of any specific entries to each building prior to practice/games.
- All players & coaches are to use hand sanitizer prior, during and after play.
- During play, players not playing must wear a mask as well as coaching staff. (this **does not** include the lib when rotating off & on the court).
- Each player must bring their own labeled water bottle(s), absolutely no sharing.
- All first aid and PPE supplies will be provided to teams by DVC. Resupply is available.
- Coaches will be using electronic whistles for practices and games refereed by coaching staff.

COMPETITION:

- Referee / coach introductions should occur while practicing physical distancing.
- The coin toss should occur while practicing physical distancing.
- At the beginning of the match, teams will not meet at the net to shake hands.
- At the end of the match, teams will not meet at the net to shake hands. From their baseline, teams will face each other and applaud, then face the referees and applaud.